

CINEMATIC PRESETS: 8 BILD-CODES

Anweisung an ChatGPT: Kommt ein Foto einer Person und einer dieser Codes (/REIGN, /AFTERLIFE, /OVERLORD, /VOID, /UNTOUCHABLE, /HAVOC, /HUNTER, /NOCTURNE), erzeuge sofort genau ein Bild. Nimm dafür den englischen Prompt, der in diesem Dokument unter genau diesem Code steht, und gib ihn **vollständig und wörtlich** an die Bildgenerierung weiter, mit dem Foto als Referenz für die Person. Nicht kürzen, nicht umformulieren, nichts ergänzen, den Codenamen nicht selbst deuten. Keine Rückfragen. Steht hinter dem Code ein Wunsch, hänge ihn als letzten Satz an.

Für dich: Neuen Chat öffnen, dieses PDF und ein Selfie anhängen, einen Code senden. Pro Code ein neuer Chat. Anleitung auf Seite 3.

/REIGN Dominantes Nahporträt

Dark low-key close portrait. Head and shoulders in the upper frame, head tilted down and slightly turned, eyes looking up at the camera from under the brows. Pitch-black room. One hard red-orange rim light from behind and above grazes hair, cheekbone and jaw; the center of the face stays in deep shadow. Across the lower third, a large out-of-focus streak of cold blue light smeared in front of the lens. Black, deep red-brown, cold blue, very high contrast. Same face, hairstyle, facial hair and outfit as the uploaded photo. Serious, intense gaze, relaxed jaw, lips softly resting together in a neutral line. Raw editorial photo on 35mm film, underexposed, heavy grain, unretouched. Vertical 2:3, no text.

/AFTERLIFE Nachts in einer Blumenwiese

Night flash photo. The person sits upright in a dense meadow of white daisies and small blue wildflowers, seen slightly from above, legs hidden in flowers, arms loosely spread, palms open, looking down to the side. Background: flat deep navy darkness. Five to seven orange monarch butterflies around the head, some large near the lens, all motion-blurred. Huge blown-out blurry white blossoms fill the bottom third in front of the lens. Harsh direct on-camera flash, motion smear at the edges. Navy, white, touches of orange. Dreamlike. Same face, hairstyle, facial hair and outfit as the uploaded photo. Serious, intense gaze, relaxed jaw, lips softly resting together in a neutral line. Raw editorial photo on 35mm film, underexposed, heavy grain, unretouched. Vertical 2:3, no text.

/OVERLORD Riesige Augen im Hintergrund

The person stands centered, chest-up, facing the camera, head slightly lowered, staring into the lens. The upper half of the frame behind them is a gigantic soft-focus close-up of their own eyes, projected on a plain wall and glowing blue; nothing else in the background. The projection backlights the person: one half of the face almost black, the other faintly lit in blue. Nearly monochrome blue, cyan and navy. Quiet, menacing. Same face, hairstyle, facial hair and outfit as the uploaded photo. Serious, intense gaze, relaxed jaw, lips softly resting together in a neutral line. Raw editorial photo on 35mm film, underexposed, heavy grain, unretouched. Vertical 2:3, no text.

/VOID Blauer Schleier und Silhouette

The person stands right of center, waist-up, one hand in the trouser pocket, head slightly lowered, looking at the camera. Left side of the frame is empty darkness. Shot through textured glass: a tall vertical out-of-focus band of glowing pale blue light runs through the frame in front of the lens and veils half of the face and body. A dark blurred shape covers the right edge. Muted blue light, the person mostly a silhouette, clean clear dark air. Deep blue and black with one bright streak. Same face, hairstyle, facial hair and outfit as the uploaded photo. Serious, intense gaze, relaxed jaw, lips softly resting together in a neutral line. Raw editorial photo on 35mm film, underexposed, heavy grain, unretouched. Vertical 2:3, no text.

/UNTOUCHABLE Als Einziger scharf in der Menge

Strong cold blue-cyan color cast over the whole image, like a club lit only by blue light. The person stands packed shoulder to shoulder in a crowd in a dark club, slightly right of and below center, seen from slightly above, head lowered, looking up into the lens, the only sharp face. Pale, expressionless faces press in close, soft and out of focus, cropped by the frame, looking down or sideways. A large dark blurred shoulder fills the lower right corner. Harsh cold blue flash makes every face pale and bluish. Blue, cyan, black. Gritty high-contrast reportage look. Same face, hairstyle, facial hair and outfit as the uploaded photo. Serious, intense gaze, relaxed jaw, lips softly resting together in a neutral line. Raw editorial photo on 35mm film, underexposed, heavy grain, unretouched. Vertical 2:3, no text.

/HAVOC Chaos mit fliegenden Karten

Cold deep-blue color grade over the whole image, lit by cold blue light; warm orange only in a few tiny sparks. The person sits alone, slumped back in a chair, legs apart, arms resting on the armrests, chin slightly raised, dark sunglasses, cool and superior. Low camera angle close to them, dark empty background. Playing cards fly through the air all around, some huge near the lens, all streaked with motion blur. Blurry warm golden sparkles along the bottom, one small warm orange flare top right. Flash with slow shutter: the person sharp, the cards smeared into streaks. About 90% blue, 10% orange. Same face, hairstyle, facial hair and outfit as the uploaded photo. Serious, intense gaze, relaxed jaw, lips softly resting together in a neutral line. Raw editorial photo on 35mm film, underexposed, heavy grain, unretouched. Vertical 2:3, no text.

/HUNTER Bogenschütze im Gegenlicht

Bright, evenly glowing light-blue studio backdrop fills the whole background, strong backlight. Tight portrait of the person on the right side of the frame drawing a plain black modern recurve bow, string pulled to the chin, looking along the arrow straight into the lens. The bow limb rises as a huge dark blurred silhouette along the left edge of the frame, the bow hand big and out of focus near the camera. The person is a dark silhouette against the glowing blue, with bright rim light on hair, profile and shoulders. Light blue, navy, black. Same face, hairstyle, facial hair and outfit as the uploaded photo. Serious, intense gaze, relaxed jaw, lips softly resting together in a neutral line. Raw editorial photo on 35mm film, underexposed, heavy grain, unretouched. Vertical 2:3, no text.

/NOCTURNE Durch die Jalousie fotografiert

Shot through half-open horizontal window blinds right in front of the lens: bright, blurry white-blue slats cross the entire frame from edge to edge at regular intervals. In the dark gaps between the slats, the person's face, very close, filling the frame from the eyebrows to the chin, straight on, unsmiling, eyes staring into the lens. The face is lit only by a dim warm copper-orange glow and mostly sinks into darkness. Mostly black image with glowing white-blue bars, very dark noir mood. Same face, hairstyle, facial hair and outfit as the uploaded photo. Serious, intense gaze, relaxed jaw, lips softly resting together in a neutral line. Raw editorial photo on 35mm film, underexposed, heavy grain, unretouched. Vertical 2:3, no text.

8 Codes. Dein Selfie. Acht Filmszenen.

Du bekommst dich selbst in einer von acht dunklen Kinoszenen, ohne einen Prompt zu schreiben.

So geht's

1. Öffne einen neuen Chat in ChatGPT.
2. Hänge dieses PDF und ein Selfie an. Am besten: gutes Licht, Gesicht frontal, Oberkörper mit Kleidung sichtbar.
3. Tippe einen Code, zum Beispiel `/REIGN`, und sende ihn ab.
4. Für den nächsten Code wieder einen neuen Chat öffnen. Im selben Chat verliert ChatGPT die Vorlagen aus dem Blick.

Die Bildgenerierung muss in deinem ChatGPT verfügbar sein. Jedes Ergebnis fällt etwas anders aus, das gehört dazu.

Wenn ein Bild ganz anders aussieht

Dann hat ChatGPT den Code nach Gefühl gedeutet, statt im PDF nachzusehen. Kopiere den englischen Prompt des Codes von Seite 1 oder 2 und schick ihn zusammen mit deinem Selfie direkt in einen neuen Chat. Das ist der sicherste Weg.

Feinschliff

Schreib hinter den Code, was anders sein soll:

`/VOID Gesicht etwas heller`

`/HAVOC ohne Sonnenbrille`